

NATIONAL FAMILY CAREGIVING SERVICES		
AGENCY (For services, please contact the Agency web site.)	PROJECT DESCRIPTION	CONTACT (For program information, please use this contact.)
Senior Services www.seniorservices.org	<p>Provide the main entry point for Caregivers who are caring for adults with disabilities and who are age 60 or older; as well as, Kinship Caregivers who are age 60 or older and caring for children under age 19. Information, Referral and Assistance Services through the Senior Information & Assistance call centers. Extend the access hours for I & A calls. Provide the lead coordination for all the Caregiver providers in King County, including hosting the NFCSP kick-off event for King County. Develop a comprehensive media campaign and a community outreach effort in collaboration with the Healthy Aging Partnership (HAP), which uses the easy-to-remember 1-888-4Elders. Outreach will be conducted primarily through 40 congregate meal sites, 35 Senior Rights Assistance sites and 9 Senior Centers, countywide.</p> <p><u>Caregiver Specialists will:</u></p> <ul style="list-style-type: none"> ➤ Identify caregivers through community outreach, education and coordination with other providers. ➤ Cross train Outreach and Information Specialists who in turn will <ul style="list-style-type: none"> ➤ Provide direct service to caregivers on site. ➤ Use laptop computers to access the comprehensive resource database in order to assist caregivers in accessing services, etc. ➤ Provide limited in-home assistance. ➤ Conduct community and workplace educational workshops for caregivers. <p>Develop additional Caregiver components for the Senior I & A library. Enhance the Caregiver web site. Develop an interactive web page: " Caregiver Journal Exchange" . Provide a range of " Supplemental Services" such as transportation, home modifications, assistive devices, medical equipment, financial help for non-covered prescription costs, etc.</p>	Eileen Murphy eileenM@seniorservices.org
Crisis Clinic www.crisisclinic.org <i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i>	<p>Provide the main entry point for Caregivers caring for adults with disabilities, age 18 or older. Information, Referral and Assistance Services through the Community Information Line (CIL), 24-hour access, seven days a week.</p> <p><u>Caregiver Program Specialist will:</u></p> <ul style="list-style-type: none"> ➤ Trains all the " I & R" specialists regarding Caregiver needs and services. ➤ Provides in-person Caregiver Support. ➤ Arranges for Emergency Respite Care, when necessary. <p>Develop and maintain a Caregiver website. Provide callback telephone support to caregivers. Continue Caregiver outreach and publicity.</p>	Julie Johnson jjohnson@crisisclinic.org
Kin On Family Support Center www.kinon.org <i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i>	<p>Expand the outreach to community groups, Chinese religious groups, and other gatekeepers. Train volunteer caregivers recruited through Care Team ministries in basic caregiving techniques, how to access services, and support of family caregivers. Develop a training manual for Chinese Caregivers. Evening and Weekend coverage for Kin On supervisors available to caregivers and service providers (8:30 AM - 9:00 PM, seven days a week). Develop a bilingual Caregiver's web site (Chinese & English). Collaborate with City of Bellevue, Overlake Hospital and other Eastside providers to organize an Asian Caregivers</p>	Catharine Wu catharinewu@kinon.org

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	Health Awareness Conference. Initiate an Asian Caregiver Alliance for King County that will plan a Caregiver Conference, develop Caregiver training curriculum and advocate for needs of Caregivers.	
Chinese Information Service Ctr. www.cisc-seattle.org	Outreach to potential Chinese caregivers through home visits, meetings with Chinese Associations, business and church groups. Special outreach efforts will be made in East King County. Care management support. Respite Promotion and Placement.	Stephen Lam stephen@teleport.com
Overlake Hospital www.overlakehospital.org	Outreach to informal support networks through the Eastside churches. Expand distribution of Caregiver materials developed for the Eastside. In-home counseling to family caregivers in Bellevue, Redmond, Mercer Island, Issaquah, Sno-Valley and North Bend. Develop a Bellevue-based Caregiver support group	Debbie Anderson danderso@overlakehospital.org
Alzheimer's Association www.alzwa.org	Outreach to unpaid caregivers of persons with Alzheimer's. A "Care Consultant" will establish a relationship with families caring for a person with Alzheimer's and develop a needs assessment. Develop a "care plan" with both short and long term goals, and provide on-going problem solving and follow-up with families.	Mark Buckley mark.buckley@alz.org
Professional Registry of Nursing www.prninc.net	Provide training for <u>unpaid</u> caregivers, when slots are available, for each of the Training programs available to paid caregivers. Provide special training for unpaid caregivers through the "Taking Care of You: Powerful Tools for Caregiving" .	Jerry Crosby jlcrosby@prninc.net
Interfaith Volunteer Caregivers www.providencemarianwood.org	Recruit and Train new Volunteer Caregivers in order to increase the number of community residents who may be served. Trained Volunteers will provide assistance with transportation, shopping, errands, light housekeeping, companionship, short respite care and yard work.	Sally Farrell sfarrell2@providence.org
Eastside Adult Day Services www.eadsdayhealth.org	Develop a support group for caregivers in the Greater Issaquah and Sammamish Plateau communities. Develop a caregiver resource center at the Sammamish Plateau site, which can be used independently or with consultation from a trained staff member.	Paula Hardy pdhardy@serve.net
Evergreen HealthCare www.evergreenhealthcare.org	The Geriatric Regional Assessment Team (GRAT) will provide therapy services, (one to five sessions between 45 and 75 minutes) to isolated caregivers that are unable to access mental health services elsewhere. They will focus on high stress, depression, abuse or domestic violence, grief from the loss or decline of loved ones.	Karen Kent kkent@evergreenhealthcare.org
Northshore Senior Center www.halcyon.com/senior	Expand current support groups to include the Kirkland Senior Center. Extend the Health Enhancement Program (HEP) to caregivers in order to increase support for caregivers. Caregiver training: two series of six week classes on "Taking Care of You: Powerful Tools for Caregiving" . Counseling and emergency consultation for caregivers in a state of chronic or acute distress.	Marianne LoGerfo marianneL@seniorservices.org
King County Housing Authority www.kcha.org <i>State funding enables them to serve Caregivers who care for persons, age 18 or older.</i>	Coordinated Caregiver services for residents and caregivers in the 23 King County Public Housing residences. Individual consultations, including assistance with problem solving and decision making related to caregiving roles. Provided by the Support Services coordinators, including referrals to support groups, respite care and	Cassandra Miller CassandraM@KCHA.org

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	the Community Information Line (CIL) at Crisis Clinic, which provides 24-hour access to caregivers. Meetings at each of the 23 KCHA residences for caregivers; informational and resource mailings provided in all the major languages including Russian, Vietnamese and Korean.	
KINSHIP CAREGIVING <i>(Grandparents and other relatives, age 60 or older, caring for grandchildren)</i>		
Children's Services of Sno-Valley www.cssv.org	Develop a local media campaign, brochure to do outreach and recruitment in the Snoqualmie Valley, North Bend and Duvall areas of King Co. Assess the needs of current and new participants. Assist in accessing information, referrals to professional services such as legal. Assist with funds for individual family needs; i.e., summer camp, school break activities, supplies, athletic costs. Provide Kinship Caregiver support groups. Provide Child support groups.	Nancy Whitaker nwhitaker@cssv.org
Southeast Youth & Family Serv. www.scn.org/civic/seyouth Λ	Provide an evening support group. Workshops on a variety of specific topics unique to Kinship Care providers, such as Finance and Budget, Respite and Child Care, Child Development, Raising mixed race children, health, legal, nutrition, domestic violence, signs and symptoms of drug use, stress management, etc. Outreach and care management to assist kinship caregivers in accessing necessary services. Referrals to counseling, medical, housing, etc.	Jeri White jrwhiteseyfs@uswest.net
Atlantic Street Center www.atlanticstreet.org	Provide professionally facilitated therapeutic adult support groups and children's social skill groups. Educational workshops on adoption; custody and guardianship; healthcare and nutrition; economic and financial concerns; navigating the school systems; parenting issues unique to kinship care providers.	Tamsen Spengler tamsens@atlanticstreet.org
Public Health - Seattle & King Co. www.metrokc.gov/health	Identify and expand services to grandparents and other kin. Provide individual counseling for grandparents, with special emphasis on mental health issues and learning disabilities. Provide "system navigation" assistance for barriers in the health, education and TANF ("welfare") systems.	Abbey Moon-Jordan abigail.moon-jordan@metrokc.gov

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MINI-GRANTS

<p>U. of Washington Alzheimer Satellite.</p> <p><i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i></p>	<p>Organize and facilitate two (2) discussion groups for Chinese-American caregivers on shared experiences and needs to determine the desired services as well as the barriers experienced by these caregivers in accessing services.</p>	<p>Judy Cashman judym@u.washington.edu</p>
<p>Providence Mount Saint Vincent www.providence.org/themount</p> <p><i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i></p>	<p>Plan and sponsor a one-day workshop for up to 150 unpaid caregivers of functionally disabled adults 18 years and older. It will provide life-enhancing strategies and information to improve the caregiver's quality of life.</p>	<p>Carol Collins cscollins@providence.org</p>
<p>Magnolia Adult Day Center</p> <p><i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i></p>	<p>Provide additional counseling and support to caregivers.</p>	<p>Vanessa Harrold 206-283-0233</p>
<p>Korean Women's Association www.kwaonline.com</p> <p><i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i></p>	<p>Plan and sponsor two educational seminars for unpaid Korean caregivers in the Federal Way, Auburn and Kent areas. The focus will be on alternative ways to strengthen the quality of caregiving for elders and adults with a disability.</p>	<p>Faaluaina Pritchard luaprkwa@nwlink.com</p>
<p>Mt. Si Senior Center/Snoqualmie Valley</p> <p><i>Both State and Federal funding enables them to serve Caregivers who care for persons, age 18 or older.</i></p>	<p>Produce a brochure featuring local service providers who assist unpaid caregivers of adults with disabilities. It will be widely distributed, including the Snoqualmie Valley Caregivers Fair.</p>	<p>Ruth Tolmasoff tolmas@accessone.com</p>